













		Week 1	Week 2	Week 3
Monday	Main	Chicken in a bun served with oven roasted Herby Seasoned Potatoes Cheesy Omelette  served with oven roasted Herby Seasoned Potatoes	Brunch (Bacon, Hash Brown, Omelette/Scrambled Egg) with a fruit juice Vegetarian Brunch  (Quorn Sausage, Hash Brown, Omelette/Scrambled Egg) with a fruit juice	Oven Baked Chicken Chunks served with Herby Seasoned Potatoes Cheese & Rice Flan  served with Herby Seasoned Potatoes
	Vegetable	Baked beans, Salad Bar	Baked Beans, Salad Bar	Peas, Sweetcorn, Salad Bar
	Dessert	Ice Cream Roll, Fresh Fruit, Cheese & Crackers	Rice Pudding, Fruit Mousse, Fresh Fruit	Ice Cream Tub, Yoghurt, Fresh Fruit
Tuesday	Main	Homemade Chicken & Bacon Pasta served with Garlic Baguette Homemade Cheese & Rice Flan  served with Potato Wedges	Big Tasty Fish Cake served with Herby Potatoes Homemade Creamy Tomato & Red Pepper Pasta  topped with cheese served with Homemade Garlic Dough Balls	Homemade Cottage Pie Homemade Creamy Tomato & Basil Pasta  served with Homemade Garlic Bread Pizza Square
	Vegetable	Vegetable Medley, Salad Bar	Peas, Sweetcorn, Salad Bar	Vegetable Medley, Salad Bar
	Dessert	Raspberry Bun, Fruit Mousse, Fresh Fruit	Drizzled Carrot Cake, Fresh Fruit, Angel Whip	Fruit Crumble & Custard, Yoghurt, Fresh Fruit
Wednesday	Main	Roast Gammon Dinner served with Pineapple, Roast/Mash Potatoes & Gravy Vegetarian Meatballs Dinner  served with Pineapple Roast/Mash Potatoes & Gravy	Roast Turkey Dinner served with Stuffing Balls, Roast/Mash Potatoes & Gravy Quorn Sausage  served with Stuffing Balls, Roast/Mash Potatoes & Gravy	Roast Chicken Fillet Dinner served with Stuffing Balls, Roast/Mash Potatoes & Gravy Vegetarian Meatballs Dinner  served with Stuffing Balls, Roast/Mash Potatoes & Gravy
	Vegetable	Baton Carrots & Broccoli	Baton Carrots & Cabbage	Mashed Carrot & Turnip, Broccoli
	Dessert	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin
Thursday	Main	Homemade Hot Pot served with Crusty Baguette Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Potato Wedges	Homemade Chicken Curry served with 50/50 boiled rice & naan bread Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Potato Wedges	Pork & Carrot Meatballs (Gluten free) Served in Tomato Pasta with Garlic Bread Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Potato Wedges
	Vegetable	Beetroot, Cabbage, Salad Bar	Green Beans, Sweetcorn, Salad Bar	Sweetcorn, Cheesy Coleslaw, Salad Bar
	Dessert	Ginger Biscuit & wedge of fruit, Fresh Fruit, Cheese & Crackers	Marble Sponge Cake & Custard, Yoghurt, Fresh Fruit	Orange Cookie & Wedge of Fruit, Cheese and Crackers, Fresh Fruit
Friday	Main	Fillet Fish Fingers served with chips Homemade Margherita Pizza  served with chips	Harry Ramsden's Junior Fish in Batter served with chips Homemade Margherita Pizza  served with chips	Breaded Fish Stars or Harry Ramsden's Seaside Salmon in vinegar batter served with Chips Homemade Margherita Pizza  served with chips
	Vegetable	Garden Peas, Salad Bar	Mushy Peas, Salad Bar	Baked Beans, Salad Bar
	Dessert	Cook's own Chocolate Friday, Fresh Fruit	Cook's own Chocolate Friday, Fresh Fruit	Cook's own Chocolate Friday, Fresh Fruit

Meat free: 

Served Daily: Filled Jacket Potatoes with a daily choice of various fillings

Salad Bar - includes 5 fresh Salad items (except Wednesdays)

Assorted Breads

Drinks: Chilled Milk, Milkshake and Water

NOVEMBER

M	T	W	T	F	S	S
					2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

DECEMBER

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JANUARY

M	T	W	T	F	S	S
1	2	3	4	5		
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FEBRUARY

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

MARCH

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL

M	T	W	T	F	S	S
1	2	3	4	5		