

Instead of saying...

I'm rubbish
at this.

twinkl

Try thinking...

What can I

do to

improve?



Instead of saying...

This will
do.

twinkl

Try thinking...

Is this my
best work?



twinkl



Instead of saying...

I'll never do it,
'it's too hard.'

Try thinking...

This may take
some time and
effort.



twinkl



Instead of saying...

I just can't
do this.

twinkl

Try thinking...

I am going to
try a different
strategy.



twinkl



Instead of saying...

I'm not clever
enough to do this.

Try thinking...

I will learn
how to do
this.



twinkl



Instead of saying...

How come my
friend can do it?

twinkl

Try thinking...

I will learn
from them.



Instead of saying...

I can't make
'this any better.

twinkl

Try thinking...

I can always 
 improve my
work. 

Instead of saying...

I made a
mistake.

twinkl

Try thinking...

Mistakes help 
★ me to learn
and improve. 

Instead of saying...

I'll never be as
smart as my
friend.

twinkl

Try thinking...

I'm going to
work out how

they do it.

Instead of saying...

Plan A
didn't work!

Try thinking...

Now to try
Plan B.

