

Instead of saying...

I'm rubbish
at this.

Try thinking...

What can I
do to
improve?

Three yellow stars are positioned around the central text: one on the left side, one on the right side, and one at the bottom right.

twinkl

Instead of saying...

This will
do.

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Try thinking...

Is this my
best work?



Instead of saying...

I'll never do it,
'it's too hard.'

Try thinking...

This may take
some time and
effort.



Instead of saying...

I just can't
do this.

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Try thinking...

I am going to
try a different
strategy.



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Instead of saying...

I'm not clever
enough to do this.

Try thinking...

I will learn
how to do
this.



Instead of saying...

How come my
friend can do it?

Try thinking...

I will learn
from them.



Instead of saying...

I can't make
'this any better,

Try thinking...

I can always
★ improve my
work. ★

Instead of saying...

I made a
mistake.

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Try thinking...

Mistakes help
★ me to learn
and improve. ★



Instead of saying...

I'll never be as
smart as my
friend.

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Try thinking...

I'm going to
work out how
★ they do it. ★



Instead of saying...

Plan A
didn't work.

Try thinking...

Now to try
Plan B.

