

Whilst You Are At Home

We are going to stay in touch



19th January 2021



HM Government

NHS

WASH



HANDS

COVER



FACE

MAKE



SPACE

Positive Message of the Week

Hello Everyone, 2nd week of this 3rd lock down and we are, yet again very proud of you all, we are hearing really good things about how you are following all the safety rules and thinking about other peoples health, safety and well-being at the moment. Keep up the Great work. A lot of you are working from home along with some of your parents, which means we all have to be patient with one another.

If you are worried about anything please remember to talk to someone you trust.



Messages from PC Panda



“Don’t trust anyone with your personal information or photo’s”.

“Remember no playing outside with your friends, just at the moment, this won’t be forever”.

“Think carefully about the pictures you share online!”

“Some of my PCSO friends have said they love the drawings you did of your Christmas presents”



Online Safety



You are all smart children and we want you to remember the Online Safety messages.

Lets follow our **Golden Rules**.

This week we are going to focus on what we **should** and **should not** share with people.

Share

Kind thoughts

Creative ideas

Gaming advice

Cartoon Pic's
of your pets

Positive messages

Happy
memories

Don't Share

Your location

Personal
photos

Photos of your
School uniform

Gaming
Passwords

Your Address

What School
you go to

Holiday Info.

This weeks activities

We would like you to create a picture or poster telling your Parents and the wider community what you know about keeping yourselves safe while Online.



Internet Safety

- Never **send** anything you wouldn't say in real life.
- Never give out your **address, phone number, school** or your **parent's names** without permission.
- Never share your **passwords** with friends.
- Never install **programs** on your devices without permission.
- Never agree to meet someone you've met online in person.
- If you find something online that makes you feel **uncomfortable**, talk to someone you **trust**.

Maybe you could place your pictures and thoughts in your windows for passers-by to enjoy 😊

What are you going to share on your devices?
Lets think about what is safe to share with
everyone! And what is NOT!
Speak to someone you trust if you are not sure.



Personal pics &
School uniforms



Pics of Home



Make & Do

Kind words



How you are feeling



Exercise with Jo Wicks



Baking pics



Useful Links for you, your Parents and Teachers.



The BBC are assisting with home schooling which those of you with school aged children may find useful. The link is below:

<https://www.bbc.com/mediacentre/2020/bbc-launches-biggest-education-offer-ever?fbclid=IwAR0ifLYSI531vBMt9X8cVq5yDQn7hO2JIGee6uYs2G-wLAcZlkhHrLxxc4k>

NSPCC Helpline

0808 800 5000

<https://www.o2.co.uk/help/nspcc/helpline>

Childline | Childline

1. <https://www.childline.org.uk>

2. Get help and advice about a wide range of issues, call us on 0800 1111, talk to a counsellor online, send **Childline** an email or post on the message boards



Twitter @CheshrieSSYP

Until next Time 26th January 2021



- Keep washing your hands, remember Hands, Face and Space.
 - Stay healthy, by doing a bit of exercise every day.
- Keep positive, by reminding yourself, You are an **Amazing Child**.



Carry On Doing Your Bit for
Great Britain and the NHS

[Cheshire Police on Facebook](#)
[@CheshireSSYP on Twitter](#)
www.cheshire.police.uk

